



Gain Clarity Restore Balance

Retrenchment Counselling Support

"Our team is beyond grateful that Harmony Counselling was supporting us for the past 2 days. Our management and I would like to thank you for your professional services and time spent with us. We look forward to working with you and your amazing team again!"

(Client's name withheld for confidentiality reasons)

The Issue

Retrenchment is a challenging and distressing time for all employees. Company decision makers and executors will also experience significant stress during these times and will themselves be subject to an array of emotions. Hence, it is difficult for them to provide additional emotional support to employees at that time, which is why it is recommended to bring in an objective service provider to administer it.

The Benefits

- Retrenched employees feel supported & their emotional response lessened
- The internal company culture can be maintained due to the perception it creates with remaining staff
- The company's brand is protected by highlighting its commitment to employees who remain, as well as making retrenched staff feel supported

Why Choose Us

Harmony Counselling is the only counselling agency offering specifically tailored retrenchment counselling support services in Singapore.

With over 25 years of commercial experience, Director & Counsellor Martin Williams gives us a level of professionalism and understanding of the corporate environment which few other counselling agencies can match.

Our Solutions

We provide guidance for your employees through these experiences through:

- Individual counselling & emotional support
- Self-care and wellbeing presentations & workshops
- Support group sessions





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